

2024 Summer Volleyball Schedule

We have scheduled SSI (Sport Specific Instruction) and Open Gym for anyone interested in playing volleyball in the fall. This is a great time to improve your speed, agility, strength and conditioning. It's also time to meet other players, bond and learn from each other. All events are free, except the camp in July.

Current physical and rankonesport.com information must be complete to be able to participate.

The athletes are responsible for putting up and taking down the equipment, including the balls. Please make sure your ride is prompt. **We always leave on time in the summer.**

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www.cyfallsvolleyball.com

June

Date	Day	Time	Event	Location
6/11	Tuesday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym
6/13	Thursday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym
6/18	Tuesday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym
6/20	Thursday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym
6/25	Tuesday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym
6/27	Thursday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym

July

7/2	Tuesday	Gyms Closed	Holiday Week	
7/4	Thursday	Gyms Closed	Holiday Week	
7/9	Tuesday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym
7/11	Thursday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym
7/16	Tuesday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym
7/18	Thursday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym
7/23	Tuesday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym
7/25	Thursday	8:00 AM-10:00 AM	SSI/Open Gym	Performance Gym
7/29-8/1	Mon-Thurs	8:00 AM-11:00 AM	VB Camp	Big/Small Gym
7/30	Tuesday	6:00 PM-8:00 PM	Open Gym	Performance Gym
8/1	Thursday	6:00 PM-8:00 PM	Open Gym	Performance Gym

August

Date	Day	Time	Event	Location
8/5-8/7	M-Wed	7:30 AM-4:00 PM	Try-outs	Big/Small Gym
8/8	Thursday	7:30 AM-4:00 PM	Practice	Big/Small Gym
8/8	Thursday	6:00 PM - 8:00 PM	Fresh. Orientation	Cy-Falls
8/9	Friday	8:00 AM-2:00 PM	Scrimmage	Big/Small Gym
8/10	Saturday	8:00 AM-2:00 PM	Scrimmage	Jordan HS
8/12	Monday	8:00 AM-2:00 PM	Practice	Big/Small Gym
8/13	Tuesday	4:30 PM & 5:30 PM	Willis	Willis
8/15	Thursday	6:00 PM –8:00 PM	Fish Camp	Cy-Falls